Welcome!





Food Insecurity and Health

Food insecure adults are more likely to have:

- Nutrient deficiencies
- A disability
- A chronic health condition:

Asthma

Back Problems

Bowel Disorders

Diabetes

Hypertension

Migraines

Mood or Anxiety Disorder

Heart Disease

(Alberta Health Services 2014)

Mission Statement:

To be stewards in the collection of surplus and donated food for the effective distribution, free of charge, to people in need in our community while seeking solutions to the causes of hunger.

In the beginning...



One of our first vehicles



First room in the Prince of Wales Armouries



Started as a Gleaning Program

Program Areas







Edmonton's Food Bank works collaboratively with, and provides food to 230 agencies, churches, and food depots.



Hamper Program



In December 2015, more than 19,000 individuals received a food hamper from Edmonton's Food Bank or one of our affiliates.

This is an increase of almost 60% over December 2014.

Agency Row



Edmonton's Food Bank provides food for close to 500,000 meals and snacks monthly through our affiliated agencies.

How we do our work...



11434-120 Street & 11508-120 Street

How we do our work...



3.5 million kilograms of food donated and purchased in 2015 (that is more than \$19,000,000 worth of food)!

Food Sources

80% of the food distributed by the Food Bank is "gleaned".



Food Sources

More than 2,000 special events and food drives were held in 2015.





Second Helping



The purpose of Second Helping is to glean food product from the service industry that has been prepared but not served to the public.

Alberta Hunters Who Care



Started in 1996, this program asks hunters to share their harvest of White Tailed Deer, Mule Deer, Elk, or Moose with Edmonton's Food Bank.

Community Gardens



Put your gardening skills to use for people in need!

Through the Plant a Row, Grow a Row project, a portion of the vegetables you grow in your garden can be conveniently donated to Edmonton's Food Bank.



Collective Kitchens



Cooking together and sharing food saves time and money.

Volunteer Program





Over 50,000 volunteer hours are contributed to our work each year.

Imagine Canada

Accredited under Imagine Canada's Standards Program for showing excellence and compliance in five key areas of operations: Board governance, financial accountability & transparency, fundraising, staff

management, and volunteer

involvement.





Relieving Hunger Today. Preventing Hunger Tomorrow.













Thank You!